

Standards Correlations

Individual Development (8209, 8210)

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|---|--------------|------------------------|
| Demonstrating Personal Qualities and Abilities | | | |
| Demonstrate creativity and innovation. | <p>English: 6.1, 6.3, 6.4, 6.6, 6.7, 6.9, 7.1, 7.3, 7.4, 7.6, 7.7, 7.9, 8.1, 8.3, 8.4, 8.6, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8</p> <p>History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WG.4, WHI.1, WHII.1</p> <p>Mathematics: 6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.7, 6.10, 6.11, 6.12, 7.2, 7.3, 7.8, 7.9, 8.2, 8.4, 8.6, 8.7, 8.11, 8.12, 8.17, 8.18, A.9, AFDA.3, AFDA.4, AFDA.5, AFDA.6, AFDA.7, AFDA.8, AII.9, COM.1, COM.3, COM.4, COM.5, COM.8, DM.7, DM.1*, DM.10, DM.2*, DM.3*, PS.3*, PS.4*, PS.7*, PS.9*, PS.10*</p> <p>Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PS.1</p> | | |

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| Demonstrate critical thinking and problem solving. | <p>English: 6.1, 6.3, 6.4, 6.5, 6.6, 6.7, 6.9, 7.1, 7.3, 7.4, 7.5, 7.6, 7.7, 7.9, 8.1, 8.3, 8.4, 8.5, 8.6, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8</p> <p>History and Social Science: CE.1, CE.4, CE.11, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WG.4, WHI.1, WHII.1</p> <p>Mathematics: 6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.10, 6.11, 7.2, 7.3, 7.8, 7.12, 7.13, 8.2, 8.4, 8.8, 8.9, 8.10, 8.11, A.8, A.9, G.1, G.13, G.14, AFDA.3, AFDA.5, AFDA.8, AII.9, AII.10, AII.11, COM.1, COM.3, COM.4, COM.5, COM.8, DM.4, DM.7, DM.1*, DM.2*, DM.3*, DM.9*, PS.9*, PS.10*</p> <p>Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PS.1</p> | | |
| Demonstrate initiative and self-direction. | <p>English: 6.1, 6.4, 6.6, 6.7, 6.9, 7.1, 7.4, 7.6, 7.7, 7.9, 8.1, 8.4, 8.6, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8</p> <p>History and Social Science: CE.1, CE.4, CE.11, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1</p> | | |

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| Demonstrate integrity. | English: 6.1, 7.1, 8.1, 9.1, 9.5, 10.1, 10.5, 11.1, 11.5, 12.1, 12.5 History and Social Science: CE.1, CE.3, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 | | |
| Demonstrate work ethic. | English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: CH.1 | | |
| Demonstrating Interpersonal Skills | | | |
| Demonstrate conflict-resolution skills. | English: 6.1, 6.2, 6.4, 6.6, 6.7, 6.9, 7.1, 7.2, 7.4, 7.6, 7.7, 7.9, 8.1, 8.2, 8.4, 8.6, 8.7, 8.9, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, VUS.1 | | |
| Demonstrate listening and speaking skills. | English: 6.1, 6.2, 6.4, 6.6, 7.1, 7.2, 7.4, 7.6, 8.1, 8.2, 8.4, 8.6, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 | | |
| Demonstrate respect for diversity. | English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.3, CE.4, GOVT.1, GOVT.16, | | |

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| | USI.1, USII.1, USII.9, VUS.1, VUS.13, WG.1, WHI.1, WHII.1 | | |
| Demonstrate customer service skills. | English: 6.1, 6.4, 6.7, 7.1, 7.4, 7.7, 8.1, 8.4, 8.7, 9.1, 9.5, 9.6, 10.1, 10.5, 10.6, 11.1, 11.5, 11.6, 12.1, 12.5, 12.6 History and Social Science: CE.1, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 | | |
| Collaborate with team members | English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.3, CE.4, GOVT.1, GOVT.16, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 | | |
| Demonstrating Professional Competencies | | | |
| Demonstrate big-picture thinking. | English: 6.1, 6.4, 7.1, 7.4, 8.1, 8.4, 9.1, 9.5, 10.1, 10.5, 11.1, 11.5, 12.1, 12.5 History and Social Science: CE.1, CE.4, CE.12, GOVT.1, GOVT.15, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 | | |
| Demonstrate career- and life-management skills. | English: 6.1, 6.7, 7.1, 7.7, 8.1, 8.7, 9.1, 9.6, 10.1, 10.6, 11.1, 11.6, 12.1, 12.6 History and Social Science: CE.1, CE.4, CE.12, CE.14, GOVT.1, | | |

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| | USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 8.4 | | |
| Demonstrate continuous learning and adaptability. | English: 6.1, 6.4, 6.7, 6.9, 7.1, 7.4, 7.7, 7.9, 8.1, 8.4, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.1, 11.5, 11.6, 11.8, 12.1, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.3, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: BIO.1, CH.1, LS.1, PH.1, PH.4, PS.1 | | |
| Manage time and resources. | English: 6.1, 6.2, 6.4, 6.7, 6.9, 7.1, 7.2, 7.4, 7.7, 7.9, 8.1, 8.2, 8.4, 8.7, 8.9, 9.1, 9.5, 9.6, 9.8, 10.1, 10.5, 10.6, 10.8, 11.2, 11.5, 11.6, 11.8, 12.2, 12.5, 12.6, 12.8 History and Social Science: CE.1, CE.4, CE.11, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Mathematics: 6.10, 6.11, 6.12, 7.2, 7.3, 7.8, 7.9, 7.10, 7.11, 7.12, 7.13, 8.4, 8.11, 8.12, 8.13, 8.14, 8.17, 8.18, A.4, A.5, A.8, A.9, AFDA.3, AFDA.4, AFDA.5, AFDA.6, AFDA.7, AFDA.8, COM.1, COM.3, COM.5, COM.8 | | |

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|---|---|--------------|------------------------|
| Demonstrate information-literacy skills. | <p>English: 6.1, 6.2, 6.4, 6.6, 6.7, 6.9, 7.1, 7.2, 7.3, 7.4, 7.6, 7.7, 7.9, 8.1, 8.2, 8.3, 8.4, 8.6, 8.7, 8.9, 9.2, 9.5, 9.6, 9.8, 10.2, 10.5, 10.6, 10.8, 11.2, 11.5, 11.6, 11.8, 12.2, 12.5, 12.6, 12.8</p> <p>History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1</p> <p>Mathematics: 6.10, 6.11, 7.8, 7.9, 8.11, 8.12, A.8, A.9, AFDA.3, AFDA.4, AFDA.6, AFDA.7, AFDA.8, DM.8, PS.1*, PS.2*, PS.3*, PS.4*, PS.7*, PS.8*, PS.9*, PS.10*</p> <p>Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PH.1, PS.1</p> | | |
| Demonstrate an understanding of information security. | <p>English: 6.1, 6.2, 6.3, 6.4, 6.6, 6.7, 6.8, 6.9, 7.1, 7.2, 7.3, 7.4, 7.6, 7.7, 7.8, 7.9, 8.1, 8.2, 8.3, 8.4, 8.6, 8.7, 8.8, 8.9, 9.1, 9.2, 9.5, 9.6, 9.8, 10.1, 10.2, 10.5, 10.6, 10.8, 11.1, 11.2, 11.5, 11.6, 11.8, 12.1, 12.2, 12.5, 12.6, 12.8</p> <p>History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1</p> <p>Mathematics: COM.10</p> | | |

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| Maintain working knowledge of current information-technology (IT) systems. | <p>English: 6.1, 6.3, 6.4, 6.6, 6.9, 7.1, 7.3, 7.4, 7.6, 7.9, 8.1, 8.3, 8.4, 8.6, 8.9</p> <p>History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1</p> <p>Mathematics: 7.8, COM.1, COM.2, COM.7, COM.9, COM.10, COM.11, COM.16, COM.18, PS.17</p> <p>Science: BIO.1, CH.1, ES.1, PH.1</p> | | |
| Demonstrate proficiency with technologies, tools, and machines common to a specific occupation. | <p>History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1</p> <p>Mathematics: 6.10, 6.11, 7.9, 8.4, A.7, A.8, A.9, AFDA.1, AFDA.3, AFDA.5, AII.4, AII.7, AII.9, COM.1, COM.7, COM.10, COM.11, COM.12, COM.16</p> <p>Science: CH.1, ES.1, LS.1, PH.1, PS.1</p> | | |
| Apply mathematical skills to job-specific tasks. | <p>English: 6.4, 6.6, 6.7, 7.4, 7.6, 7.7, 8.4, 8.6, 8.7, 9.5, 9.6, 10.5, 10.6, 11.5, 11.6, 12.5, 12.6</p> <p>History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1</p> | | |

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|---|---|--------------|------------------------|
| | Mathematics: 6.1, 6.2, 6.5, 6.6, 6.12, 6.13, 6.14, 7.1, 7.2, 7.3, 7.4, 7.5, 7.6, 7.8, 7.9, 7.11, 7.12, 7.13, 8.4, 8.5, 8.6, 8.8, 8.9, 8.10, 8.11, 8.12, 8.13, 8.14, 8.15, 8.16, 8.17, 8.18, A.1, A.3, A.4, A.5, A.7, A.8, A.9, AFDA.1, AFDA.3, AFDA.5, AFDA.8, AII.3, AII.7, AII.9, AII.10, COM.1, COM.7 Science: 6.1, BIO.1, CH.1, ES.1, LS.1, PH.1, PS.1 | | |
| Demonstrate professionalism. | English: 6.1, 7.1, 8.1, 9.1, 10.1, 11.1, 12.1 History and Social Science: CE.1, CE.4, CE.14, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 | | |
| Demonstrate reading and writing skills. | English: 6.1, 6.6, 6.7, 7.1, 7.6, 7.7, 8.1, 8.6, 8.7, 9.1, 9.5, 9.6, 9.7, 10.1, 10.5, 10.6, 10.7, 11.1, 11.5, 11.6, 11.7, 12.1, 12.5, 12.6, 12.7 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: 6.1, PH.1, PS.1 | | |
| Demonstrate workplace safety. | English: 6.4, 7.4, 8.4, 9.5, 10.5, 11.5, 12.5 History and Social Science: CE.1, CE.4, GOVT.1, USI.1, USII.1, VUS.1, WG.1, WHI.1, WHII.1 Science: CH.1 | | |

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| Examining All Aspects of an Industry | | | |
| Examine aspects of planning within an industry/organization. | History and Social Science: GOVT.16 | | |
| Examine aspects of management within an industry/organization. | | | |
| Examine aspects of financial responsibility within an industry/organization. | | | |
| Examine technical and production skills required of workers within an industry/organization. | | | |
| Examine principles of technology that underlie an industry/organization. | | | |
| Examine labor issues related to an industry/organization. | History and Social Science: GOVT.16 | | |
| Examine community issues related to an industry/organization. | History and Social Science: GOVT.16 | | |

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| Examine health, safety, and environmental issues related to an industry/organization. | History and Social Science: GOVT.16 | | |
| Addressing Elements of Student Life | | | |
| Identify the purposes and goals of the student organization. | | | |
| Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult. | | | |
| Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects. | | | |
| Identify Internet safety issues and procedures for complying with | | | |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
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| acceptable use standards. | | | |
| Exploring Work-Based Learning | | | |
| Identify the types of work-based learning (WBL) opportunities. | | | |
| Reflect on lessons learned during the WBL experience. | | | |
| Explore career opportunities related to the WBL experience. | | | |
| Participate in a WBL experience, when appropriate. | | | |
| Managing Work and Family Responsibilities for the Well-Being of Self and Others | | | |
| Analyze the meaning of work and the meaning of family. | English: 9.5, 10.5, 11.5, 12.5 History and Social Science: WHI 2, 3; WHII 4, 8, 14; VUS 8, 14; GOVT 9 | Career Connection <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan Families First <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career | 1.1.1 1.1.2 6.1.1 6.1.2 6.1.4 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
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| | | <ul style="list-style-type: none"> • Parent Practice <p>Japanese Exchange Program</p> <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Focus on Children • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Compare how families affect work life and how work life affects families. | <p>English: 9.5, 10.5, 11.5, 12.5</p> <p>History and Social Science: WHI 2, 3; WHII 4, 8, 14; VUS 8, 14; GOVT 9</p> | <p>Career Connection</p> <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting | <p>1.1.1</p> <p>1.1.2</p> <p>1.1.4</p> <p>1.1.5</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---------------------------------|---|--|---------------------------|
| | | <p>Japanese Exchange Program</p> <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Career Investigation • Focus on Children • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Describe the family life cycle. | English: 9.3, 9.5, 10.3, 10.5, 11.3, 11.5, 12.3, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting | <p>1.1.6</p> <p>2.1.1</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|--|------------------------|
| | | Power of One <ul style="list-style-type: none"> • A Better You • Family Ties Student Body <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You Competitive Event--STAR Events <ul style="list-style-type: none"> • Focus on Children • Interpersonal Communications • National Programs in Action • Nutrition and Wellness • Professional Presentation | |
| Identify management strategies for balancing work and family roles. | English: 9.5, 10.5, 11.5, 12.5 | Career Connection <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan Families First <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice FACTS (Families Acting for Community Traffic Safety) | 1.1.6 2.1.1 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|--|------------------------|
| | | <ul style="list-style-type: none"> • People • Vehicle • Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Career Investigation • Focus on Children • Interpersonal Communications • National Programs in Action • Nutrition and Wellness | |

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| | | <ul style="list-style-type: none"> Professional Presentation | |
| Identify the steps required to take responsible action in families, workplaces, and communities, using practical reasoning processes, individually and collaboratively. | English: 9.3, 9.5, 10.3, 10.5, 11.3, 11.5, 12.3, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> My Skills My Life My Career My Plan <p>Community Service</p> <ul style="list-style-type: none"> Learn Serve Lead <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> People Vehicle Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> Earning Spending Saving Protecting <p>Power of One</p> <ul style="list-style-type: none"> A Better You | <p>1.2.5</p> <p>2.1.1</p> <p>2.1.2</p> <p>13.3.2</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|---|---|-------------------------|
| | | <ul style="list-style-type: none"> • Family Ties • Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Focus on Children • Interpersonal Communications • Leadership • National Programs in Action • Nutrition and Wellness • Professional Presentation | |
| Exploring Personal Development | | | |
| Identify factors that affect identity, personality, and future orientation. | English: 9.5, 9.6, 10.5, 10.6, 11.5, 11.6, 12.5, 12.6 | <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice | <p>12.1</p> <p>12.2</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
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| | | Power of One <ul style="list-style-type: none"> • A Better You STAND Up <ul style="list-style-type: none"> • Assess • Educate • Advocate Student Body <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You Competitive Event--STAR Events <ul style="list-style-type: none"> • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Analyze how family influences the development of personal identity and future orientation. | English: 9.5, 10.5, 11.5, 12.5 | Career Connection <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan Community Service <ul style="list-style-type: none"> • Learn • Serve • Lead Families First <ul style="list-style-type: none"> • Families Today • You Me Us | 6.1 12.1 12.2 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
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| | | <ul style="list-style-type: none"> • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Focus on Children • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Propose strategies that promote positive physical, emotional, cognitive, and social development. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> | <p>7.6.5</p> <p>12.3</p> |

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|---|--------------------------------|--|------------------------|
| | | <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> Assess Educate Advocate <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Interpersonal Communications National Programs in Action Professional Presentation | |
| Identifying Consequences of Personal Decisions | | | |
| Summarize the decision-making process. | English: 9.5, 10.5, 11.5, 12.5 | Families First <ul style="list-style-type: none"> Families Today You Me Us | 2.1 13.4 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
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| | | <ul style="list-style-type: none"> Meet the Challenge Balancing Family & Career Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> Assess Educate Advocate <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Interpersonal Communications Leadership National Programs in Action Professional Presentation | |
| Assess potential consequences and responsibilities of decisions. | English: 9.5, 10.5, 11.5, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> My Skills My Life My Career My Plan <p>Community Service</p> <ul style="list-style-type: none"> Learn | 2.1 13.4.3 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|---|------------------------|
| | | <ul style="list-style-type: none"> • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> • People • Vehicle • Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> | |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|--|--------------------------|
| | | <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Evaluate the effects of decisions on physical health, emotional and mental well-being, family, interpersonal relationships, employment, and society. | English: 9.5, 10.5, 11.5, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> • People | <p>2.1.3</p> <p>13.4</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|--|------------------------|
| | | <ul style="list-style-type: none"> • Vehicle • Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Career Investigation • Chapter Service Project (Portfolio or Display) • Focus on Children • Interpersonal Communications • National Programs in Action | |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|--|
| | | <ul style="list-style-type: none"> • Nutrition and Wellness • Professional Presentation | |
| Transitioning to Emerging Adulthood | | | |
| Analyze adjustments necessary to achieving independence. | English: 9.5, 10.5, 11.5, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> • People • Vehicle • Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting | <p>1.1</p> <p>2.1</p> <p>2.7.2</p> <p>12.3</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|------------------------|
| | | <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Career Investigation • Chapter Service Project (Portfolio or Display) • Focus on Children • Interpersonal Communications • Leadership • National Programs in Action • Nutrition and Wellness • Professional Presentation | |
| Identify responsibilities of effective developmental transitions and life skills into adulthood. | English: 9.5, 10.5, 11.5, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> • My Skills • My Life • My Career • My Plan | 6.1.5 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|---|------------------------|
| | | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> • People • Vehicle • Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working • Take the Lead • Speak out for FCCLA <p>STAND Up</p> | |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|--|-------------------------|
| | | <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Career Investigation • Chapter Service Project (Portfolio or Display) • Focus on Children • Interpersonal Communications • Job Interview • Leadership • National Programs in Action • Nutrition and Wellness • Professional Presentation • Promote and Publicize FCCLA! | |
| Analyzing the Family's Role in Development of Relationships | | | |
| Describe the way(s) healthy and unhealthy relationships are developed. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> | <p>13.1</p> <p>13.2</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|---|------------------------|
| | | <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> Assess Educate Advocate <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Chapter Service Project (Portfolio or Display) Focus on Children Interpersonal Communications Leadership National Programs in Action Nutrition and Wellness Professional Presentation | |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|---|
| Determine the family's influence on the individual's ability to develop healthy and unhealthy relationships outside of the family. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Focus on Children • Interpersonal Communications | <p>6.1.1</p> <p>6.1.2</p> <p>13.1.2</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--|--|-----------------------------|
| | | <ul style="list-style-type: none"> National Programs in Action Professional Presentation Public Policy Advocate | |
| Analyze the influence of culture on family relationships. | <p>English: 9.5, 10.5, 11.5, 12.5</p> <p>History and Social Science: WHI 2, 3, 4, 5, 6, 7, 9, 12, 13, 15; WHII 4, 8, 14; VUS 8, 14; GOVT 9</p> | <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>Japanese Exchange Program</p> <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Focus on Children Interpersonal Communications National Programs in Action Professional Presentation | <p>6.2.2</p> <p>6.2.5</p> |
| Analyzing Relationship Development | | | |
| Identify methods that are used to promote positive friendships. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> Learn Serve Lead <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties | <p>13.1.1</p> <p>13.1.4</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|------------------------|
| | | STAND Up <ul style="list-style-type: none"> • Assess • Educate • Advocate Student Body <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You Competitive Event--STAR Events <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Interpersonal Communications • Leadership • National Programs in Action • Professional Presentation | |
| Assess the influence of peers and friends on the individual. | English: 9.5, 10.5, 11.5, 12.5 | Community Service <ul style="list-style-type: none"> • Learn • Serve • Lead Power of One <ul style="list-style-type: none"> • A Better You STAND Up <ul style="list-style-type: none"> • Assess • Educate • Advocate Student Body | 6.2.2 12.1 12.2 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|---|---------------------------------------|
| | | <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Interpersonal Communications • National Programs in Action | |
| Describe appropriate responses to authority/parental figures. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> | <p>13.3</p> <p>13.4</p> <p>13.5.1</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|--|------------------------|
| | | <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Propose ways to promote an appreciation of diversity. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Japanese Exchange Program</p> <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You | 6.2 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|--|----------------------------|
| | | Competitive Event--STAR Events <ul style="list-style-type: none"> • Career Investigation • Chapter Service Project (Portfolio or Display) • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Identifying Factors Related to Intimate Relationship Success | | | |
| Describe dating practices and cautions. | English: 9.5, 10.5, 11.5, 12.5 | Families First <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice Power of One <ul style="list-style-type: none"> • A Better You STAND Up <ul style="list-style-type: none"> • Assess • Educate • Advocate Student Body <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You | 13.1.3 13.1.4 13.1.5 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|---|------------------------|
| | | Competitive Event--STAR Events <ul style="list-style-type: none"> • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Analyze components of a successful intimate relationship (e.g., marriage, companionship). | English: 9.5, 10.5, 11.5, 12.5 | Families First <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice Power of One <ul style="list-style-type: none"> • A Better You • Family Ties STAND Up <ul style="list-style-type: none"> • Assess • Educate • Advocate Student Body <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You Competitive Event--STAR Events <ul style="list-style-type: none"> • Interpersonal Communications • National Programs in Action • Professional Presentation | 13.1 13.2 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|--|-------------------------|
| Identify communication skills and behaviors that strengthen intimate relationships. | English: 9.5, 10.5, 11.5, 12.5 | <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> Assess Educate Advocate <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Interpersonal Communications National Programs in Action Professional Presentation | <p>13.3</p> <p>13.4</p> |
| Building the Family Unit | | | |
| Describe American family structure/functioning. | English: 9.5, 10.5, 11.5, 12.5 | <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge | 6.1 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|------------------------|
| | | <ul style="list-style-type: none"> Balancing Family & Career Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Interpersonal Communications National Programs in Action Professional Presentation | |
| Describe how different socioeconomic levels can affect a family's ability to meet their needs and goals. | English: 9.5, 10.5, 11.5, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> My Skills My Life My Career My Plan <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> People Vehicle Roads <p>Financial Fitness</p> <ul style="list-style-type: none"> Earning | 2.5.1 2.7.2 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|--|--------------------------------------|
| | | <ul style="list-style-type: none"> • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Interpersonal Communications • National Programs in Action • Professional Presentation | |
| Describe how families manage resources. | English: 9.5, 10.5, 11.5, 12.5 | <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>Competitive Event--STAR Events</p> | <p>2.1</p> <p>2.5.4</p> <p>6.1.6</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|---|---|
| | | <ul style="list-style-type: none"> National Programs in Action Professional Presentation | |
| Identify technology that can help manage household needs. | English: 9.5, 10.5, 11.5, 12.5 | <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice <p>FACTS (Families Acting for Community Traffic Safety)</p> <ul style="list-style-type: none"> People Vehicle Roads <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Food Innovations Interpersonal Communications National Programs in Action Professional Presentation | <p>1.1.2</p> <p>2.4.3</p> <p>13.3.6</p> |
| Describe ways that families can positively | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> Learn | 1.3.3 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------------------------------|------------------|---|------------------------|
| influence their communities. | | <ul style="list-style-type: none"> • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working • Take the Lead • Speak out for FCCLA <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Event Management • Focus on Children • Food Innovations • Interpersonal Communications • Leadership • National Programs in Action • Professional Presentation | 1.3.6 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|---|------------------------|
| | | <ul style="list-style-type: none"> • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Focus on Children • Food Innovations • Interpersonal Communications • Job Interview • Leadership • National Programs in Action • Nutrition and Wellness • Professional Presentation • Public Policy Advocate | |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|---|-------------------------|
| | | <ul style="list-style-type: none"> • Sustainability Challenge • Teach and Train | |
| Identify strategies or protective factors for the prevention of crises. | English: 9.5, 10.5, 11.5, 12.5 | <p>Community Service</p> <ul style="list-style-type: none"> • Learn • Serve • Lead <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge • Balancing Family & Career • Parent Practice <p>Financial Fitness</p> <ul style="list-style-type: none"> • Earning • Spending • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You | <p>1.3.4</p> <p>7.4</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|--------------------------|
| | | <ul style="list-style-type: none"> The Resilient You Competitive Event--STAR Events <ul style="list-style-type: none"> Chapter Service Project (Portfolio or Display) Focus on Children Food Innovations Interpersonal Communications Job Interview Leadership National Programs in Action Nutrition and Wellness Professional Presentation Promote and Publicize FCCLA! Public Policy Advocate Sustainability Challenge | |
| Describe personal and community resources that provide assistance to families managing crises. | English: 9.5, 10.5, 11.5, 12.5 | Community Service <ul style="list-style-type: none"> Learn Serve Lead Families First <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge Balancing Family & Career Parent Practice Financial Fitness <ul style="list-style-type: none"> Earning Spending | 7.2.1 7.5.3 13.4.6 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|---|------------------------|
| | | <ul style="list-style-type: none"> • Saving • Protecting <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Chapter Service Project (Portfolio or Display) • Interpersonal Communications • National Programs in Action • Professional Presentation • Public Policy Advocate | |
| Applying Effective Stress-Management Techniques | | | |
| Describe the effect of stress on individuals and relationships. | English: 9.5, 10.5, 11.5, 12.5 | <p>Families First</p> <ul style="list-style-type: none"> • Families Today • You Me Us • Meet the Challenge | 13.1.2 |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|---|-----------------------------|
| | | <ul style="list-style-type: none"> Balancing Family & Career Parent Practice <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties <p>STAND Up</p> <ul style="list-style-type: none"> Assess Educate Advocate <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Interpersonal Communications National Programs in Action Professional Presentation | |
| Identify factors contributing to stress. | English: 9.5, 10.5, 11.5, 12.5 | <p>Career Connection</p> <ul style="list-style-type: none"> My Skills My Life My Career My Plan <p>Families First</p> <ul style="list-style-type: none"> Families Today You Me Us Meet the Challenge | <p>13.1.4</p> <p>13.4.2</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|--|--------------------------------|--|----------------------------|
| | | <ul style="list-style-type: none"> Balancing Family & Career Parent Practice <p>Financial Fitness</p> <ul style="list-style-type: none"> Earning Spending Saving Protecting <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties Working on Working <p>Student Body</p> <ul style="list-style-type: none"> The Healthy You The Fit You The Real You The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> Interpersonal Communications National Programs in Action Professional Presentation | |
| Describe techniques for managing stress. | English: 9.5, 10.5, 11.5, 12.5 | <p>Power of One</p> <ul style="list-style-type: none"> A Better You Family Ties Working on Working Take the Lead Speak out for FCCLA <p>STAND Up</p> | <p>7.5.3</p> <p>13.1.6</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|---|--------------------------------|--|-----------------------------|
| | | <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Interpersonal Communications • National Programs in Action • Nutrition and Wellness • Professional Presentation | |
| Identify positive strategies for dealing with change. | English: 9.5, 10.5, 11.5, 12.5 | <p>Power of One</p> <ul style="list-style-type: none"> • A Better You • Family Ties • Working on Working • Take the Lead • Speak out for FCCLA <p>STAND Up</p> <ul style="list-style-type: none"> • Assess • Educate • Advocate <p>Student Body</p> <ul style="list-style-type: none"> • The Healthy You • The Fit You | <p>13.1.6</p> <p>13.3.4</p> |

| Task | SOL Correlations | FCCLA Events | FCS National Standards |
|------|------------------|--|------------------------|
| | | <ul style="list-style-type: none"> • The Real You • The Resilient You <p>Competitive Event--STAR Events</p> <ul style="list-style-type: none"> • Interpersonal Communications • Leadership • National Programs in Action • Nutrition and Wellness • Professional Presentation | |

Note: Subject matter in this course can help prepare students for FCCLA/Life Smarts Knowledge Bowl competition or Knowledge Matters Virtual Business Challenge. Explore the national FCCLA website (www.fcclainc.org) for additional contests offered yearly that would support content in this class, as well as Skill Demonstration Competitions conducted at National Fall Conference. FCCLA offers three online events: Digital Stories for Change, Instruction Video Design and FCCLA Chapter Website could use content from this FCS course. Competitive Events, including STAR Events and National Programs are subject to changes/additions on a yearly basis.